Orthospinology Annual Symposium 2018 Agenda

Friday, September 21st

2:30 pm - 6:30 pm  . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Dr. Hussein Elsangak

Risk Management for the Chiropractic Office

Precautions and contraindications of spinal manipulation in a chiropractic clinical setting:

1. Instability syndromes, Fractures (stable vs. unstable), Sinister causes of low back pain
2. Infection of the spine, Abdominal Aortic aneurysm, Progressive neurological deficit and Headaches risk management guidelines
3. Vertebrobasilar insufficiency and risk management

6:30 pm - 7:30 pm  . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Dr. Hussein Elsangak

Georgia Chiropractic Law

Discussion of the 10 most frequently asked questions as they pertain to Georgia chiropractic law.

7:00 pm Kick Off  . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . . Dr. Michael Williams

Friday Night Lights! Developing a game plan by becoming a better communicator, chiropractor, and adjustor.

1st Quarter: Huddle talk with your new patient
2nd Quarter: Continuing the education with your patient
3rd Quarter: Kicking off with your patient’s first adjustment
4th Quarter: Commitment from your patient
Saturday, September 22nd

8:00 am - 9:50 am .......................................................... Dr. Ken Humber

*Applications of Physical and Mechanical Principals to Correct the Craniocervical Junction (CCJ) Subluxation Complex*

1. New Correction Procedures for Difficult and Complex Osseous Cervical Structure
2. Precise Utilization of Clinical Objective Findings
3. Common Errors That Will Affect Positive Outcomes
4. Post X-Ray Evaluation as a Key to Improving Patient Outcomes

10:00 am - 11:50 am .......................................................... Dr. Bo Rochester, FCCJP

*Digital X-Ray / Adjustment Analysis of the Craniocervical Junction*

1. The History of Digital X-Ray Analysis
   a. Manual Analysis – What is Different
   b. Reliability and Validity of Measurements
2. Comparison of Two Different CCJ Measurement Systems
   a. Lateral View
   b. Nasium
   c. Vertex
   d. Formula for the Height Factor
3. Common Errors to Avoid
   a. Central Skull Line
   b. Axial Surface with Central X-Ray Angle Variation
   c. Lower Cervical Angle
4. Analysis of Complex Cases and Asymmetry
5. The Next Step in Radiographic Analysis for Orthospinology

12:00 pm - 1:30 pm .......................................................... LUNCH ON YOUR OWN

1:30 pm - 3:20 pm .......................................................... Dr. Bart Patzer

*Evidence Based Lifetime Family Wellness Care-Why & How*

1. Research with Philosophy that turns patients into choosing Lifetime Family Wellness
2. Need beyond their chief complaint, beyond symptoms: WHY A review of the literature
3. Educating a family instead of educating an individual- A family practice
4. Beyond initial symptomatic care: Correction vs Wellness.
5. Annual Family Examinations/ Review with Family for continued Lifetime Wellness Care
   a. Goals of Patients and their families: Goals for Patients
   b. Recommend Care Protocols for Future Care (frequency of checkups, lifestyle and home care recommendations)
   c. The Report- Validating Continued Chiropractic Check-ups with Science
   d. Long term Outcomes – Family Case Studies Health
   e. Impact on Practice Profiles
Saturday, September 22nd Continued

3:30 pm - 4:50 pm .......................................................... Dr. Kirk Erikson
Upper Cervical Ligament Damage and Traumatic Brain Injury in Whiplash Cases

1. Long Term Prognosis for whiplash associated disorders (WAD)
2. Assessing and documenting Alteration of Motion Segment Integrity
3. Assessing and documenting and upper cervical ligament laxity
4. Digital motion x-ray, proton-density weighted and upright MRIs to objectify diagnosis
5. Joint instability leading to future degenerative change
6. Delayed onset of symptoms related to WAD
7. Adjunctive care secondary to upper cervical care to treat ligament laxity and chronic pain
   A. Class 4 laser therapy
   B. PEMF (pulsed electromagnetic frequency) therapy
8. Cerebellar tonsillar herniation and its relationship to whiplash injuries
9. WAD injuries and their relationship to upper cervical subluxations and cord tension

5:00 pm - 6:00 pm .......................................................... Dr. Todd Osbourne
Epigenetic Science and Long-Term Health

1. The Old DNA Model
   a. Previous DNA Science
   b. DNA and Your Health Destiny
2. New DNA Science
   a. New Model - Epigenetics
   b. Long-term health effects of Regulatory Proteins
3. Effects on Long-Term Health
   a. Health choices that change the DNA Expression
   b. Healthy Nervous System affects on DNA Proteins
4. Science Behind Long Term Chiropractic Care
   a. Why long-term patients see lasting results
   b. Understanding what is happening long term for the patient

6:00 pm .......................................................... Dr. Joan Fallon
Keynote Speaker and Presentation with Complimentary Hors d’oeuvres

Sunday, September 23rd

8:00 am - 8:50 am .......................................................... Dr. Melissa Licari, DCCJP
Upper Cervical Care of a Diabetic Patient: A Case Study

1. Common medical and alternative healthcare treatment for Diabetes II.
2. Can blood tests results and chiropractic treatment correlate?
3. How can Upper Cervical chiropractors assist in the co-management of diabetic patients?
Sunday, September 23rd Continued

9:00 am - 10:20 am  ..................................................... Dr. Julie Mayer Hunt, FCCJP, DICCP
Advanced MRI Imaging Observations and Craniocervical Syndrome

1. Craniocervical Junction Misalignment
2. Malformations of the Craniocervical Junction
3. Obstruction of Cerebrospinal Fluid Flow
4. Cerebellar Tonsillar Ectopia
5. Arteriole and Venous Blood Flow Obstructions
6. Excess CSF and Autism in Infants

10:30 am - 11:20 am  ..................................................... Dr. Ryan Klopfer
Upper Cervical Care in 2018

1. Clinic perspectives of patient care
2. Developing integrative practice and lifetime relationships
3. Developing upper cervical mentorship
4. Clinical Verbiage in Upper Cervical Care

11:30 am - 12:20 pm  ..................................................... Dr. Nathan Berner
Assessing Difficult and/or Unusual Cases with the Aid of CCJ MRI

1. MRI images altering the adjusting procedure
2. Malformations altering the adjusting procedure
3. Accounting for unexpected outcomes in patient care
4. Pre and post x-ray case studies

12:30 pm - 1:20 pm  ..................................................... Dr. Bo Rochester, FCCJP
Pre-Post Radiograph Analysis and Reasoning

1. Validity of Post Radiographic Procedure
2. Selection of Identical Structures
3. Comparing the Pre vs. Post Radiographs for Variance
4. Post Radiograph Reasoning

1:30 pm - 2:30 pm  ..................................................... Dr. Ken Humber
Specific Applications for Correcting the Atlas Subluxation (Advanced Adjusting Workshop)

1. Instrument Usage
   a) Which Instrument to Use?
   b) Stylus Selection
   c) Number of Thrusts
   d) Preload
   e) Contact
   f) Use of an Assistant When Performing the Correction
2018-2019 Workshop Schedule

Basic I Workshop
- January 12-13, 2019
- March 2-3, 2019
- March 23-24, 2019
- June 1-2, 2019
  Berner Family Chiropractic (Marietta, GA)
  Mayer Chiropractic Clinic (Clearwater, FL)
  Berner Family Chiropractic (Marietta, GA)
  Mayer Chiropractic Clinic (Clearwater, FL)

Basic II Workshop
- February 9-10, 2019
- April 6-7, 2019
- April 20-21, 2019
- July 13-14, 2019
  Berner Family Chiropractic (Marietta, GA)
  Mayer Chiropractic Clinic (Clearwater, FL)
  Berner Family Chiropractic (Marietta, GA)
  Mayer Chiropractic Clinic (Clearwater, FL)

Pediatric Workshop
- November 3, 2018
- November 2, 2019
  Mayer Chiropractic Clinic (Clearwater, FL)
  Mayer Chiropractic Clinic (Clearwater, FL)

Advanced Workshop
- February 2-3, 2019
- August 3-4, 2019
- November 2-3, 2019
  Ball Ground Upper Cervical Chiropractic (Ball Ground, GA)
  Ball Ground Upper Cervical Chiropractic (Ball Ground, GA)
  Ball Ground Upper Cervical Chiropractic (Ball Ground, GA)

Risk Management/ GA Law
- 2019 - TBD
  Renaissance Concourse Hotel (Atlanta, GA)

Annual Symposium (*15 CE Credit Hours)
- 2019 - TBD
  Renaissance Concourse Hotel (Atlanta, GA)

All dates are subject to change. Refer to www.orthospinology.org for the latest information.
Check with your state for approval & requirements
President’s Message
Dr. Julie Mayer Hunt, FCCJP, DICCP

This has been a tremendous year for the atlas world. A top highlight was the first Upper Cervical Care conference in San Diego, California through the ICA for all upper cervical practitioners and specifically for the Diplomates of the Craniocervical Junction Procedures. It has been a dream in the making for many years. The original efforts were through the Academy of Upper Cervical Chiropractic Organizations and unfortunately the Diplomate program attempted in the 1990’s failed to complete its mission. We have had other efforts to provide a platform for upper cervical care through Evolution and Fusion, but Dr. Gerry Clum spearheaded a gathering in 2008 that developed a successful Diplomate program through the ICA for the Craniocervical Junction (CCJ) procedures; as one class completed the 3 year program in 2015 and the next class finishes the program in December of 2018, we are on our way for a third class starting in Summer of 2019. With the ICA recognition of the program it has become the leading-edge education in the Atlas world.

Our annual conference is again set for an amazing line up of presenters, and highlighting Saturday night (after Dr. Todd Osborne’s presentation on Epigenetics) we are excited to have Joan Fallon presenting on the challenges of autism. Her amazing insight on this subject will bless us with our patients and families that we care for.

I was reappointed to the Florida Board of Chiropractic and, as my third opportunity, was able to help in formulating the part 4 national Chiropractic boards this past June at the NBCE headquarters in Greeley, Colorado. I have made solid contacts that facilitate a portal to continue to submit questions regarding the CCJ, which will compel Chiropractic Colleges to address the CCJ region in their curriculum.

Dr Scott Rosa and I presented at the ICA Subluxation Summit in July and it was live streamed as well. The response on our observations at the CCJ was wonderful. There is a growing body of DC’s who wish to learn much more about the CCJ- the atlas to brain health.

New imaging parameters are also exciting! By utilizing cone beam, we continue to observe and learn more about the subluxations, and how best to release the interference of the vital innate for all of us.

The Orthospinology procedure continues to flourish at Sherman with Dr Christine Theodossis at the lead, and our Basic 1 & 2 classes continue to be an opportunity for all to learn with Dr Stephan Zabawa, Dr Travis Mayer Hunt, Dr Nathan Berner, and of course, Dr Ken Humber. Dr Ryan Klopfer has a facility now where advanced classes can be held. We are very grateful for the weekends and time these Orthospinologists put into sharing the procedure.

Dr Cecil Laney left an incredible legacy with and for all of us. He will be forever missed, but I know he is with his Lord and Savior. We continue to lift his family up with prayers and support.

Thank you all for a spectacular 41st year of Orthospinology and let’s rock this year!!!!

Dr. Julie Mayer Hunt, FCCJP, DICCP
Dr. Cecil Laney
By Dr. Ken Humber

Words cannot express the gratitude I have felt towards Dr. Cecil Laney over the course of my professional career. It is certain that thousands of other upper cervical chiropractors have also been impacted by his inventions, research, lectures, and humble friendship. He was the true “Father of Instrument Adjusting.” Listed below are just a few of his many achievements.

- He served in the Navy during World War II on the USS Pogy submarine. Utilizing the GI Bill, he entered Palmer College of Chiropractic in 1947.
- Dr. Laney was a key player in the formation of the Alabama State Chiropractic Association.
- After being arrested for practicing chiropractic without a medical license, he defeated the AMA in court and formed the Alabama State Licensing Board.
- In the 1960’s, he researched and invented the single axis table-mounted torque instrument and the handheld solenoid powered instrument.
- Without monetary gain, he sold over 600 instruments to chiropractors all over the world.
- He invented the multifunctional headpiece for upper cervical adjusting tables.
- At ninety years of age, he invented the orthospinology hip calipers using vertical and horizontal lasers.
- Throughout the course of his life, he donated hundreds of thousands of dollars to chiropractic colleges, research, and orthospinology.

Last fall, Doctors Baker, Berner, Klopfer, and I had the privilege of visiting Dr. Laney at his home in Birmingham, Alabama. At ninety-six years old, he was still eager to share tips on how to correct the CCJ. He handed us this list of his “thoughts.”

An Old Man’s Thoughts

- Don’t try to get rich quick.
  Work hard to become well off over time. Proverbs 28:22
  Greedy people try to get rich quickly and are unaware that poverty awaits them.

- Pay little interest.
  It is estimated that the average American pays 30% of their income in interest.
  This is money down the drain. Practice delayed gratification and pay cash for what you buy.

- Don’t lend money unless it is to a person to whom you are willing to make it a gift.
  Usually if you say no to a loan, you lose a friend. If you say yes to a loan, you will lose both a friend and your money.

- Decide to be happy.
  There is no happiness without love. Amass mountains of reciprocal love with people you know.
  Let your heart be filled with forgiveness and gratification.

- Be healthy.
  Keep your cervical vertebrae in perfect alignment.
  Consider that the practice of medicine is 50/50 – half beneficial and half detrimental. Learn which is which.

- Let most of your diet be grown from the soil or swim in the water.

- Let your purpose in life be that others will have a better life because you lived.
Sherman Grad Spotlight!

Dr. Shanna Jackson, Star of Texas Chiropractic Clinic (Bullard, TX)

- I graduated from Sherman in June 2017
- Dr. Theodossis continues to be such a great mentor and friend that has been incredibly helpful in teaching me the basics during school and going above and beyond with opinions/advice on anything I ask of her even though she is so busy with her work and family.
- I shadowed Dr. Patzer in Austin for 40 hours (clinic credit) during a school break.
  I met him after my mother was referred to him for care. I consider him a great inspiration, mentor, and friend. He is always available to help and continues to check in with me and offer support and encouragement.
- I moved to Bullard, TX, in July 2017 & opened up Star of Texas Chiropractic Clinic on October 9th.
- Orthospinology is my primary adjusting technique but I do use Activator starting on the 3rd visit in conjunction with it.

Dr. Kayla Hill, Dawn of Health (Apex, NC)

- I graduated from Sherman in December 2018
- I shadowed at Dawn of Health Chiropractic in March 2018 during my break from school.
  I wanted to learn more about Orthospinology and what it was really like to run an upper cervical practice.
- After shadowing, the Strunk’s mentioned that they were looking for a female doctor to add to the practice. It was clear that this was a team that I wanted to be a part of. I loved side posture toggle, but they asked if I was willing to become certified in Orthospinology. I agreed and have fallen in love. Actually, I regret not learning about it sooner.
- I’m incredibly excited to be certified in such a specific technique, especially one whose adjustments are unique and easily reproducible for every patient. That’s something that has recently become important to me as I’ve noticed that my health (and ability to walk) changes with the toggle/knee chest adjustments delivered to my atlas. *
- Personal experience with UC care: “My upper cervical story involves an L5 with spina bifida occulta, spondylolisthesis, and a frayed disc. I hobbled (literally... I had to have assistance walking from ages 18-22) into chiropractic school with canal stenosis and no concept of upper cervical chiropractic work. Just a few specific upper cervical adjustments, and my life has changed forever. I can’t wait to share the upper cervical knowledge I’ve gained, specifically Orthospinology, with people who hobble into Dawn of Health.”

Dr. Kayla Romeo, Upper Cervical Health Centers of Seneca (Seneca, SC)

“There is nothing I love more about my life’s purpose than seeing people feel better, heal better and ultimately live a better life; doing whatever it is they love. To know that you can help someone regain hope, confidence and in some cases the will to live, makes this profession feel less like work and more like a blessing every day. I’m so thankful to Dr. Grostic and all the amazing trailblazers in the Society of Orthospinology, who have made it their life’s work to share with us one of the most specific, scientific and salubrious chiropractic techniques around today!”