

# CHIROPRACTIC ORTHOSPINOLOGY BASIC II CLASS

Course objective: To review the X-ray portion of the Basic I class and to introduce the supine leg check, instrumentation, table placement, hand and instrument adjusting.

<b>TOPIC</b>	<b>HOUR</b>
<b>Introduction</b> (8:00 am-8:30)	½
1) History and future of the Grostic/Orthospinology Procedure	
<b>Review X-ray Alignment and Placement</b> (8:30-9:30)	1
1) How to align equipment	
2) How to properly take lateral, nasium and vertex views	
<b>X-ray Analysis</b> (9:30-12:00) <u>lunch</u>	2 ½
1) How to locate structures and measure subluxation	
2) Computing adjusting formula from X-ray analysis data	
<b>Supine Leg Check</b> (1:30-3:30)	2
1) Lecture—showing scientific and clinical significance of assessment	
2) Demonstration of how to perform supine leg check	
1) Practical/test—looking for inter-examiner reliability of 1/8” or better	
<b>Instrumentation</b> (3:30-4:30)	1
1) Lecture—showing scientific and clinical significance of assessment	
2) How to perform and interpret instrumentation data	
<b>Table Placement</b> (4:30-6:30)	2
1) Basic upper cervical subluxation biomechanics	
2) Mastoid support, head piece and shoulder placement	
3) Demonstration and practical of table placement for various listings	
<b><u>Sunday</u></b>	
<b>Hand Adjusting</b> (8:00-10:00)	2
1) Hand set, settleback, proper feet placement and tricep thrust	
Demonstration and practical for various listings utilizing coordinator	
<b>Instrument Adjusting</b> (10:00-11:30)	1 ½
1) Discuss similarities and differences between hand and instrument adjusting	
2) Demonstrate proper usage of the instrument for adjusting	
<b>Research</b> (11:30-12:30)	1
1) Review pre and post changes from upper cervical corrections	
<b>Review/Question &amp; Answers</b> (12:30-1:00)	½